

Newsletter - September 2021

This Month President's Report TWRA Golf Day Lake Works Community Centre Profile of a Local Speeding Boats Wildlife Cruelty Police Band Performance Pet Requirements Spring Into Colour Birthday in the Park Christmas Carols New Golf Club Carvery Medical Centre

September Calendar

Twin Waters Golf Day Sunday 19th September

Twin Waters Sunday Carvery 19th September

Upcoming Events

TWRA Annual General Meeting 11th October 7.30pm Novotel

QLD Police Pipes & Drums Band 6th October Living Choice

TWRA Birthday in the Park 31st October

TWRA Christmas Carols & Fireworks 12th December

President's Report

The problems of lockdown and the protective Covid restrictions affect us all in many ways. With the best of plans we were forced to cancel our TWRA meeting for August, which meant we had to also postpone the Annual General Meeting (AGM), which we now hope we will be able to run as part of the October General Meeting.

As indicated last month, we had completed nominations lodged by the closing date in mid-July to comply with the Constitution. We have nominations from 8 new people to join the committee; these nominations will be ratified at the October AGM with the people continuing on the Committee.

I would like to thank Kerryn for her role as Treasurer over the last couple of years; she has been a great asset to the committee and the TWRA. Thanks also to Margaret Hamlyn who is stepping back from the committee but will continue to lead the team organising Christmas Carols in December. We recently had a meeting of current and nominated committee members to brief them on how the committee works, meets and plans activities and I'm pleased to say that some new members agreed to assist with administration, the web site and some

of the events.

The Management Committee will welcome our new members and spreading the workload suggests that we are heading for another very successful year in our fabulous community.

Until next month,



TWRA AGM – Postponed

A reminder that, due to the lockdown in August, the TWRA AGM will now take place as part of the October TWRA meeting. All residents are more than welcome to attend. We would love to see you there!



The Twin Waters Residents Association Golf Day is back in 2021! Whether you are a keen golfer or a novice who enjoys a day's social golf, this event is for you! The TWRA golf day will be on Sunday 19th September at the Twin Waters Golf Club with tee times starting at 0700.

As this is a social event we cater for low handicap players or those who don't play that often. Lunch and presentations will follow the golf and we encourage you to invite your partners to join in the celebrations. We have a great range of supporting sponsors who provide some great prizes. To register simply log onto the TWRA website, https://www.twra.net and book and pay for your team or individual players. Numbers are limited and we encourage you to book early. We will be in touch with tee time closer to the date.

If you have any questions please contact Kevin Lyons by email on kevin.lyons54@icloud.com.



Work on Revetment Walls on the Lake

In August, a large crane was seen bringing in a barge for revetment wall repairs through Anchorage Circuit Park. All affected residents were letter dropped and reassured that any damage incurred by the contractors would be repaired. The contractor was Kawana Jetty Builders.



North Shore Community Centre Celebrates 10 years!!!!!

Anyone who has been to the North Shore Community Centre may have seen the wall mural in the Little Mudjimba Room. The tree has a special significance this year, with the Centre celebrating 10 years this month in September. It was on the opening day, the 11th September 2011, that the mural was painted so the community could all place their hand prints on the branches of the tree to signify the communities ownership of the centre and the community coming together under many different branches. Since the tree was painted, the Centre has grown to become a very busy and lively hub of people from all walks of life meeting for many different activities, meetings, events, exercise, support, education and most importantly social connections. Those who have played a significant role in the success of the centre will be coming together to celebrate with a dinner event, speeches and entertainment. The Centre will unveil a timeline of photos in celebration of their 10 years, which will be installed on the WIFI station wall in the fover for all to enjoy. The mural was based on the Centre's logo. The logo's story is an interesting one too. Stay tuned!

www.northshorecommunitycentre.org info@northshorecommunitycentre.org

Profile of a Local - Carol Ruskin

Many of you will know Carol Ruskin as a kind and intelligent woman in our community.

I first met Carol in her professional role, as a kindergarten teacher, from that first day I was in awe. Carol's calm demeanour, knowledge and generosity with her time are a gift to the children she teaches and their families. In Carol's kindy room you might find the children engaged in a conversation about how to safely climb a tree or why it is important to hydrate their bodies. The children could be immersed in dismantling an electronic circuit board or they might be getting ready to walk over to the public library. Every child in Carol's room is valued as an individual, encouraged to reach their potential and loved in a genuine and authentic way. Everyone is respected and the culture of the Gubbi Gubbi people is part of the identity of the kindergarten room.

My family's youngest will move into prep next year but we will visit; calling in to say hello and to share school achievements with Carol and her team of wonderful educators, achievements they helped lay the foundations for. Many past students return to share their successes. Carol is currently a senior teacher at C&K Coolum Community Childcare Centre. In 2020, the Centre won the prestigious Emeritus Professor Mary Mahoney AO Award for Excellence and Innovation in Leadership and Curriculum. Submitted by Naomi McQueen



Carol with husband Rob

Speeding Boats

We have received reports of boat/s



on the Twin Waters Canal travelling at high speeds. Understandably, residents are concerned about the effect of large wakes on revetment walls and pontoons, not to mention the noise as some of this activity has taken place at night. The speed limit in the Twin Waters Lake system is 6 knots (10 kmph). Maritime Safety Queensland (MSQ) relies on information from the public including residents of Twin Waters to assist in its efforts to ensure water safety within the confines of the lake.

Complaints and incidents of non-compliance can be reported directly to the Sunshine Coast MSQ office via email Sunshinecoast.martime@msq.qld.gov.au.

Wildlife Cruelty – It's not OK

It was distressing to hear from a resident who witnessed some people in boats laughing at a pelican that had hooked itself on their fishing lines. The incident took place near the boat ramp on Nojoor Road in July. We are fortunate to live in one of the best environments in the world and our unique fauna and flora are precious and to be valued and treated with respect. Anyone who witnesses an incident of animal cruelty can report it to the RSPCA.



Queensland Police Service Pipes and Drums – Free Performance

To celebrate Seniors Week, the Queensland Police Service Pipes and Drums will be performing on 6th October at The Entertainment Centre, Living Choice Retirement Village, 21 Baywater Drive, Twin Waters. Morning tea is at 10.00 am and is provided by Twin Waters NHW. Band starts at 10.30 am and finishes at 11.30 am. Entry is FREE.

For COVID compliance, please RSVP to David Hughes PH 54488747 or email davbun2@bigpond.com

A reminder re our responsibilities to our four-legged friends

Dogs are a much loved part of many Twin Waters families, regarded as part of the family. A walk around our beautiful area will inevitably mean a friendly chat with a fellow dog lover or two or three! Everyone is reminded that dogs must be leashed at all times for their safety, and the safety of other dogs and the general public.

No matter how friendly, or how well you know your own dog, any incident that involves an unrestrained animal would distress all concerned.

A reminder also that Sunshine Coast Council pet registration period is coming up this month. Registration is very affordable (\$15 for a de-sexed and micro-chipped dog or cat) and free with a pensioner card. Visit the Council website to update your pet's details.



Spring into Colour!



Colour is such an integral part of our environment that we are likely to take it for granted. We often fail to appreciate its profound impact on our lives. Learning to appreciate the power of colour can help to bring a new awareness of ourselves, of our environment and of the ways in which we can transform our lives for the better. Colour has a powerful effect on our emotional state.

Different colours influence our moods, thoughts and even our actions. We live in a coloured world: our environment, the trees and flowers, the foods we eat, clothes we wear, our décor, even our speech: "I'm feeling blue" ... "green with envy" ... "in the pink" ... "I'm in a black mood".

Red. Orange. Yellow. Green. Turquoise. Blue. Violet. Magenta. How many colours of the rainbow have you worn lately? Make colour your friend.

Take the time to think about your colour choice and reflect on your feelings for that colour. Dare to be different. Colour is one of the natural delights of this world!

Make Spring this year a colourful and brighter one!

**Contributed by Irene Sunn, Chromopath/Counsellor. Irene is a resident of Twin Waters. She trained in London in 1993 and has spread light and colour through newspapers, radio and television in Australia and overseas.

Birthday in the Park



October 31st! A reminder of the 25th birthday celebrations on Sunday October 31st. Josh and John are still calling out to any Twin Waters resident who

would like to volunteer their services on the day and welcome donations of any cuttings or plants to the plant stall which raises money for a local charity. Get those green thumbs working!

Joshua Dekker

0427661261Jdekker.twinwaters@ljhooker.com.au John Blackmore

0402238421 Jblackmore.twinwaters@ljhooker.com.au



Annual Christmas Carols Event

Lots of work has been going on behind the scenes all year to make this event better than ever before with lots of family orientated entertainment and participation by younger members encouraged! Children of all ages are asked to come dressed as their favourite character or grab something from our dress up box at the door. This event is not to be missed with singing, dancing and a visit from that famous man from the North Pole!

When: Sunday 12th December 2021 Where: The Novotel, Minyama Room, Sunshine Coast Convention Centre.

Gold Coin Entry per family group – all money raised goes to support the local community.

Doors open at 5pm with live music.

Raffles, Sausage Sizzle, soft drinks, coffee van plus other treats available for purchase.

New Classic Carvery at Twin Waters Golf Club

Gather with friends, family, and neighbours this September to enjoy a Classic Carvery at Twin Waters Golf Club on Sunday 19th September. Starting next year in 2022, this will be a monthly event. Come and enjoy family time and make this your new tradition! From a seafood extravaganza one month, to roast pork with crackling another, each month will be a feast to be shared with others.

Start this tradition with our array of classic carvery delights for all ages. Be spoilt for choice and indulge in a selection of main courses and decadent desserts.

Newly appointed Head Chef, Terry, will prepare comforting classics with a twist using high-quality ingredients sourced locally on the Sunshine Coast.

Relaxed dining overlooking the spectacular grounds while spending time with loved ones has to be the perfect way to end your week! Enjoy great food, wines and the ambience that Twin Waters Golf Club has to offer.

Bookings are essential. Time: 11.30am – 1.15pm Adults \$42.00 Children \$20.00 (6 – 14 years) Children under 5 years: complimentary T:5457 2405 E:golf@twgolf.com.au



Festive Season Functions at the Golf Club- Book now!

Twin Waters Golf Club is taking bookings for 1 st - 24 th December for your Christmas festive functions! Celebrate with friends, family, work colleagues and neighbours. Bookings are essential. Why not call for a friendly chat about your Christmas celebration?

Phone 5457 2405 or email golf@twgolf.com.au





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TWRA Membership

Everyone who lives in Twin Waters, whether an owner or a renter, is encouraged to join the TWRA.

Joining TWRA is easy. Just go to the web site at www.twra.net and click on the link headed TWRA Membership.

This will open a form for you to complete, with basic details such as name(s), address, phone and email(s). If you submit that form, we will then send you an "invoice" with details for online payment of the membership fee (\$10 per annum per household) or you have the option of paying via credit card

as part of the form completion.

Upon payment, we will send a receipt, which becomes your evidence of Membership. Renewals each year are even easier - we will send you an "invoice" each year for online payment by direct deposit or credit card.

TWRA Contact Details

Email - info@twra.net **President - Tony Freeman** Secretary - Sophie Lever **Treasurer - Kerryn Vincart Editor - Emilia White** Editorial Email - newsletter@twra.net Advertising - advertising@twra.net Website - www.twra.net Phone - 07 5448 9414 **Postal** PO BOX 9531 Pacific Paradise Qld 4564 Neighbourhood Watch nhw.twinwaters.qld@gmail.com **Emergency Only - 000** Police 24hr Assist - 13 14 44 Coolum Police (General Enquiry) 5440 2777 Crimestoppers 1800 333 000 SES Emergency 13 25 00

Block Co-ordinators

Check on TWRA.net and Community Notice Board for contact details.



Twin Waters Medical

The team at Twin Waters Medical Centre is very thankful to our patients and adjacent businesses for enduring the inconvenience during the renovations. We want to express our sincere gratitude to all the contractors and tradies who worked exhausting hours and rendered such quality work.

Here is an update for our valued clients.

Bloom Hearing will continue to consult and perform audiometry at the practice. The team from Back in Motion includes physiotherapy, podiatry and osteopathy; and we all are excited with them on expanding to other services as the needs are identified. QML and Sullivan and Nicolaides will continue with daily courier collection service. So what's new and in the pipeline at TwinMed?

TwinMed has appointed a new registered nurse Bianka Richards who will enable the growth in important services like Vaccinations and Women's Health including performing Cervical Screening (PAPs).

In combination with Twin Waters Pharmacy, there will be a new emphasis on Medicine Reviews for all the patients with chronic conditions and who are prescribed multiple medications.

Medicare covers numerous Chronic Disease Management items (health assessments, mental health, GP Management Plan, Team Care Arrangements, COPD, and Diabetic reviews) because they see the long term improved outcomes of joint coordinated care by multi-disciplinary healthcare professionals. TwinMed will assist existing patients who qualify for these plans to receive the appropriate benefits. New patients are invited to come for a consultation and review.

Dr Anthony Ridings and the patients have bravely overcome the challenge of COVID restrictions by successfully embracing Telephone Consultations. TwinMed has installed new technology and this service is now permanently available.

The beloved Kat Luckett will soon be full time Practice Manager at TwinMed to oversee more patient-focussed care, a better online footprint and better patient and disease education.

TwinMed is hopeful to announce very soon the name of another GP joining the practice. This would make it easier for patients to get appointments,

enable a wider scope of services and allow for longer consultations.

We are always looking to add more experts to our team; interested people are welcome to enquire.

Ph:5450 5577

Email: welcome@twinmed.com.au

