

Twin Waters Residents' Association

NEWSLETTER - OCTOBER 2011

This Month

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- Sudoku

Next TWRA Meeting

The next General Meeting will be held at the Novotel Resort, Twin Waters on Monday, 10th October 2011 at 7.30pm. The Guest Speaker will be Sophie Lever from Lever Law who will speak on Estate Planning, buying and selling Real Estate and other topics.

Date Claimers

TWRA General Meetings:

- 10 October
- 12 December

Birthday in the Park

9 October

Bowls Day

16 October

Golf Day

23 October

Christmas Carols

18 December

Newsletter Delivery

Thank you to the TWRA Committee and volunteers for delivering this Newsletter. If you would like to help with future deliveries, please call Ed on 5448 9414.

Twin Waters' 15th Birthday Celebrations

This year the TWRA would like to see the Birthday Celebrations having the biggest attendance ever so come along and have lots of fun in the sun and enjoy!

Commencing at 12 noon at Lake View Park, there'll be lots of fun activities and free entertainment for the kids, a fund-raising sausage sizzle to support the Mudjimba Surf Club and great music to sit back and relax to for the rest of the family. Bring your friends! The Committee and other volunteers spend endless hours making this wonderful day available to you all.

This year we will be supporting the **'Daniel Morcombe Foundation'** and a gold coin donation would be appreciated. Please support us and let's make this a great Twin Waters' community day! See you on Sunday, 9th October 2011.

Speed Limit in Twin Waters

Council has placed 40kph speed limit signs at all entrances to Twin Waters streets. So the whole of Twin Waters is now, unambiguously, a Local Traffic Area and the speed limit throughout Twin Waters is 40 kph. Please be aware that Police have been enforcing the local speed limits.

Thank you to everyone who provided their thoughts on the speed limit(s) for Twin Waters. The issue has been resolved with the placing of these new signs.

Roadside Vendors Beware

Apparently SCC has been given increased powers to deal with all forms of roadside vending and the Council intends to address the issues "with a vengeance" according to a recent report in the Daily.

We receive many complaints about the informal car sales yard at Settlers Park near the entrance to Ocean Drive. This could be one area that gets more attention from Council in the coming months, since Council has already paid a few visits acting on requests from the community. A community service item!

Dine Outs

Twin Waters 15th Birthday Dine -Out will be held at the Loose Goose on Wednesday 12th October at 6:30 p.m. If you wish to attend please contact Ed on 5448 9414 before 30th September.

Bowls Day

The next TWRA Bowls Day has been arranged with the Twin Waters Retirement Village for Sunday, 16th October commencing at 2.00 pm and followed by a BBQ dinner at about 5.30 pm. Cost is \$12.50 each. It is a mixed day and spectators are also welcome.

It will be part of the Twin Waters' Birthday Celebrations so don't miss it. Please register your attendance by sending an email to info@twra.net or phone Bob Gavin on 5450 6036.

It is a great day and always enjoyed by participants who

have attended in the past. We look forward to seeing you there. Come roll the bowls!

Golf Day

Our next Golf Day at Twin Waters Golf Club has been booked for 80 players on Sunday, 23rd October with a two tee start from 11.00am to 12.07pm.

Cost will be 18 holes green fees of \$48.00, which includes \$3.00 for TWRA insurance. Fees must be paid by Friday, 21st October. Entry forms will be available on the TWRA website www.twra.net or at the Friendly Grocer.

This event will be part of the October Birthday Celebrations so put it in your diary now. If you have any queries please contact Margaret Braithwaite at braiths@spin.net.au

Health & Wellbeing

Do you often find yourself putting off until tomorrow what you can do today? This causes stress and anxiety so here are some tips for avoiding creating mountains out of molehills:

- Break the task down into smaller more do-able tasks.
- Plan the tasks so they are less intimidating.
- Prioritise tasks and do the most challenging one first - others will then seem easy
- Make time in your day to carry out the task.
- Set yourself a realistic deadline.
- Take some deep breaths and finally, just do it, now!

You will find that once the task has been completed that

the stress you have been suffering will disappear and a wave of relief will wash over your mind. It could even be useful to give yourself congratulations and some rewarding relaxation.

Tennis Coaching at Twin Waters

Shane Fone has returned to Queensland after 10 years away. During this time he has been coaching and touring with players in Europe and also worked for the Great Britain Lawn Tennis Association. He has also coached in the USA, South America and Australia and has coached players of all levels from beginners through to internationally ranked professionals.

Shane is a fully qualified Tennis Australia professional coach and is offering tennis coaching at Twin Waters for adults and children of all ages and abilities.

Special Introductory Offer

There is a special introductory offer of a **Free Tennis Lesson** when you pay for your first Tennis lesson. Pay for a 1-hour lesson and get your next 1-hour lesson free or pay for a 30-minute lesson and get your next 30-minute lesson free. Offer is valid for one free lesson per person.

For Coaching enquiries and bookings call Shane on 0487 440 091.

Doggie Dos and Don'ts

In the same vein of "do unto others..." please make sure that you pick up your doggie dos when you take your dog for a walk around Twin Waters.

There are Council regulations relating to walking dogs – this is a dog-on-leash area only and please clean up and dispose of the plastic waste bags correctly. Council inspectors are known to visit from time to time but it is just polite to keep your dog restrained and to clean up any doggie dos!

With a recent sighting of an echidna in the area, it has been revealed that echidnas (as well as kangaroos and bandicoots) are actual carriers of paralysis ticks. As this is prime tick season, all dog owners should be aware that having echidnas in the area means they should show additional diligence in checking pets for ticks.

Membership

As of 6 September, our membership total has risen to 337, which whilst being well ahead of this time last year, is still short of last year's total. If you have not yet renewed your membership (and there are 52 of you out there) please do so as soon as possible.

We are currently considering the possibility of multi-year memberships; stand by for more at the next General Meeting.

Fridge Magnets Still Available

Supplies of the NHW credit card sized Magnets are still available via your local Coordinator (please refer Sept NHW Newsletter for listings) or alternatively from either Conrad Guard 5450 5012 or Meryll Berry 5448 9414.

These updated Magnets show all the important contact numbers that you require in the event of needing to contact Fire,

Police, CrimeStoppers and Ambulance. With the onset of the likely stormy weather conditions, the SES contact number is also shown.

In the interests of personal safety and property security, the Magnets allow quick and easy reference to the appropriate contact telephone numbers and wise to also list them in your mobile phone.

TWRA Message Forum

If you have lost or found an item, have something to sell or other types of general information, you can place it on the TWRA Message Forum on the TWRA website. We would like to encourage the residents to use this avenue for contact within Twin Waters. Go to www.twra@net and click on 'Message Forum'.

Lions Christmas Cakes

Christmas Cakes are now available and there sales support a good cause. Please ring Bob Gavin on 5450 6036 for orders. The prices of the cakes are \$10 for the small one and \$14 for the larger one. Puddings are available for \$11. It may be early but get in quick!

Easy Cooking

Tomato & Orange Soup – A great summer soup

420g Heinz Big Red Tomato Soup
1 x Onion – chopped finely
1.5 cups Orange Juice (or to your liking)

Saute onion in a little oil/butter. Add soup and orange juice (freshly squeezed is better). Bring to boil and serve.



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Recently established by local resident Sue Gerrard who is accredited and certified with the Australian Driver Training Association, the Queensland Transport Department and has a Certificate IV in vehicle driving instruction, a current Blue Card, and all the required insurances including public liability and indemnity insurance.

Sue is also an accredited keys2drive instructor whereby the program helps new drivers prepare for P-plate driving and also assists their parent/supervisor in how to coach the student through their learning.

Sue offers both auto and manual lessons in modern dual control vehicles and is flexible with hours and can pick up from home, school or work.

Log onto www.twinwatersdrivingschool.com.au and register for a FREE 1 hr lesson or phone Sue on 0439 360 333.



Younger Residents - Have Your Say!

The Twin Waters Residents' Association committee would like to strengthen our community connection by encouraging more younger residents and families to get involved in the numerous events organised by the TWRA committee.

If you are in this group and would like to suggest any new and different events then please fill out the questionnaire below to assist the committee to better accommodate your interests

Please drop the completed questionnaire in the TWRA box at the Friendly Grocer or email answers to info@twra.net

Age of Family Members

21 - 30 31 - 40 41 - 50

Age of Children

Under 5 6 - 12 13 - 20

Please list any activities that would encourage the attendance of a good cross section of Twin waters residents, ie:-

Fishing Competition, Car Rally, Kayak, SUP, Canoe, APEX ropes course, big screen projector etc.

.....

How many family events would you like to attend each year.

1 2 3 Other

Other comments

.....

Financial Health Check

Are you getting the best returns on your investments?
 Do you have the most competitive rate for your home loan?

Talk to Twin Waters Resident Paul Davidson: 0432 248 939



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Sudoku

	4				1		5	
				6		7		3
3				7				
	3		1				9	
9				2				6
	2				3		1	
			2					9
8		7		3				
	1		5				4	

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TWRA Contact Details

President: Peter Braithwaite

Vice Presidents:
Social: Ed Berry
Infrastructure: Warwick Daniels
Communications: Bernie Nichols
Governance: Geoff Billard

Secretary (Interim): Toni McCulloch

Treasurer: Kevin Tinker

Email: info@twra.net

Website: www.twra.net

Postal Address: PO Box 9351
Pacific Paradise
Qld 4564

Telephone: 07 5448 9414

Neighbourhood Watch: info@twra.net

Fire Police & Ambulance Emergency Only: 000

Sunshine Coast District Police 24 Hr Assist: 5409 0000

SES Flood/Storm/Emergency: 13 25 00

Crimestoppers: 1800 333 000

PoliceLink (not urgent): 13 14 44

Coolum Police General Enquiries: 5440 2777

Block Co-ordinators:
Check Community Notice Board for contact details

TWRA MEMBERSHIP FORM

Annual Subscription
\$10 per family (\$2 extra card)

Membership is valid until 30 June each year and entitles you to discounts at local businesses.

Name:

Address:

Home Ph:

Mobile:

Email:

Amount Paid:

Please drop your application in at the Friendly Grocer

or better still bring it along to the next meeting

OFFICE USE ONLY

Date: Receipt No.:

TWRA Online Business Directory

Web Directory advertising is FREE to TWRA Members and local businesses. Please visit www.twra.net and click on Business Directory to download your order form. If you have any queries, please contact Robyn at boydelltwra@gmail.com



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