

# TWIN WATERS

## RESIDENTS' ASSOCIATION

### NEWSLETTER - JANUARY 2014

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#### TWRA Facebook

Don't forget to check us out (and "like" us) at [www.facebook.com/TWRA](http://www.facebook.com/TWRA)

#### Your Website

See what's happening on [www.twra.net](http://www.twra.net)

#### Date Claimers

**TWRA General Meetings in Wandiny Room at Novotel at 7.30pm:**

27 January

**Clean Up Twin Waters Day:**

23 February

#### Like to Lend a Hand?

Great exercise! Deliver newsletters on your walk – call Ed on 5448 9414.

#### December Meeting

Thank you to Greg Beale (Chairman) & Inspector Darryl White (Deputy Chairman) the guest speakers at our December meeting. They gave a very interesting presentation on the history of the establishment of Crime Stoppers 1976 and the valuable service it provides now.

Funds are raised solely from the community including golf days and bare foot bowls days.

There are 3 numbers you could call in the event of crime or potential crime: if you're in fear of your life 000 If there's something happening now which you wish to report, call Police Link on 13 14 44 If there's some information you know or discover later – ring Crime Stoppers 1800 333 000.

#### Light Up Twin Waters

Each year residents' enthusiasm for lighting up our suburb gets better and better and as one visits each site you'll see crowds of smiling faces and many with cameras. Why not send your photo to us.

Congratulations to all those who entered and those who share the prizes so generously

donated by Aussie World, Loaded Lizard Mudjimba and Mudjimba Newsagency and to Century 21 Twin Waters who printed the flyer.

#### Carols

What a night that was? Turns out that the two presenters LNP Member for Maroochydore is not only a Speaker but a singer as well; as is well known SC celebrant Vicki Larkin. We all enjoyed not only the traditional carols but the Aussie twist to some of them.

Thanks also to songsters Tilly Towler, Tamatea Kratzmann, Jeremy Russel, Britt Goodwin, the Glee Singers and the Sunshine Coast Brass Band who not only held us captivated but also covered up for some voices in the audience which had a pretty rough passage out. Great to see Santa & his elves. We know he is very busy at this time of year but always makes time to visit us in Twin Waters. Bendigo Bank sponsored those magnificent fireworks – hope all TW puppies were safely locked up at home.

Warwick & Dennis we all appreciate the organising that went into this event!

#### Airport Update

Our two TWRA committee members who attended the last Airport Forum on your behalf reported the guest speaker was the Senior Instructor for Flight Options (a company who does a major portion of flight training from the airport and have a variety of different aircraft used in the training), and he stated that most circuit training is designed to minimise noise for neighbouring residents. Some of the training does include "touch and go" and varying types of landings at the airport, which means the aircraft is flying circuits and each circuit is based on a 6 minute interval. Any night flying training is completed by 8.00pm.

The expansion of the airport facilities is ongoing with all-weather shelters and 9 taxi bays now in operation. The airport is expected to be carbon neutral by 2016. Unfortunately the public consultation for the expansion of the new runway has been delayed a few months, but EIS approvals are still expected by mid-2014. The Air New Zealand ongoing trial was considered a success with 8371 passengers coming in over the 17 week period. The load factor was 81% and created a turnover for the economy of \$22 million.

### TWIN WATERS RESIDENTS' ASSOCIATION MEMBERSHIP FORM

*Membership is valid until 30 June each year and entitles you to the discounts available at local businesses.*

**The Annual Subscription is \$10 per family plus \$2 if you require an additional card**

RENEWAL     NEW MEMBER

I am happy to receive emails from TWRA: Yes / No

Name(s): .....

Address: .....

Home Ph: ..... Mobile: ..... Email: .....

Amount Paid: ..... Signature: .....

*Please place this form together with your payment in the TWRA Box at the Friendly Grocer, Twin Waters, or post to PO Box 9351, Pacific Paradise 4564.*

## Australia Day

Time to don the thongs, stubbies, Akubra and wave the flag! Perhaps see (or enter) the Dunny Races at Ettamongah Pub or see the Dunk Invitational basketball tournament at University of Sunshine Coast, Sippy Downs.

How about a trip to Brisbane, park at Norma Buchan Park and take a shuttle bus to Government House where Her Excellency Ms Penelope Wensley AC has arranged a free Open Day. There's a guided tour, musical entertainment, or view the Investiture Room. Have a picnic on the lawn or enjoy the sausage sizzle. 10am-3pm.

The Havaianas Thong Challenge this year is at Mooloolaba Beach. Every year, this iconic event brings 1000s of people together to have fun, and celebrate being Australian! There'll be a whole range of family-friendly games, prizes and giveaways – as well as the chance to be part of a world record attempt for the largest number of giant inflatable Havaianas out on the ocean. So get involved! They'll also donate \$10 from every beach registration to Surf Life Saving Australia.

They've raised \$270,000 since the event began, and this year want to raise the most yet. So you can make a difference – and have fun doing it! See [www.havaianasthongchallenge.com.au](http://www.havaianasthongchallenge.com.au)

Novotel Twin Waters Resort Activities Central are offering a discounted rate for locals on Australia Day! Bring your January Newsletter or ID with address to Reception and we will organise discounted rate for you and the family.

## Clean Up Australia Day

We're jumping the gun in 2014. Whilst Australia wide it is scheduled for 2 March we are holding "Clean Up Twin Waters" on 23rd February. Plenty of warning!

### Where Do They Go?

Believe it or not, if you sweep leaves and debris into the drains in the gutters in the street, they will do one of two things (or both) – they will block the drain and they will make their way into our waterways. They don't just disappear.

With all the leaves falling recently, some unthinking people have been observed sweeping them into the drains. Not a good idea. When it does rain heavily, we want the drains to work properly. Council does sweep the streets occasionally.

If you think the leaf and debris build-up in the street is at problem stage, you can always ring the Council's Customer Call Centre (5475 7272) and ask them to plan a sweep of the street. So, do the right thing!

### Lucky Us

Leanne Harrison, the Sunshine Coast's Salvation Army's Regional Public Relations Co-coordinator, reports that last December more than 600 families were assisted by them. She said "If you include dependents (partners and/or children/grandchildren) this is 1800 people who have benefitted in some way from this assistance." She added "There are many more families who are too proud to visit them and just sadly go without."

## Signs of Stroke – F.A.S.T.

Recognise the signs of stroke call 000. A stroke is always a medical emergency. Using the **FAST** test involves asking three simple questions:

**Face:** Check their face. Has their mouth drooped?

**Arm:** Can they lift both arms?

**Speech:** Is their speech slurred? Do they understand you?

**Time:** Is critical!

**If you see any of these signs call 000 straight away.**

These are the most common signs of stroke, but they are not the only signs. Other signs of stroke may include one, or a combination of weakness or numbness or paralysis of the face, arm or leg on either or both sides of the body; difficulty speaking or understanding; dizziness, loss of balance or an unexplained fall; loss of vision, sudden blurring or decreased vision in one or both eyes; headache, usually severe and abrupt onset or unexplained change in the pattern of headaches; difficulty swallowing. The signs of stroke may occur alone or in combination and they can last a few seconds or up to 24 hours and then disappear.

### What is a stroke?

A stroke happens when blood supply to the brain is interrupted. Brain cells usually die shortly after the stroke starts. However, some can last a few hours, if the blood supply is not cut off completely. If the blood supply can be returned in the minutes and hours after the stroke, some of these cells may recover. If not, they will also die.

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## Lexiphile

Are you one? That's a word to describe those who have a love for words, such as: You can tune a piano but you can't tuna fish. To write with a broken pencil is pointless. When fish are in schools they take debate. A thief who stole a calendar got 12 months. When the fog lifts in Los Angeles, UCLA. The batteries were given out free of charge. A dentist and a manicurist married, they fought tooth and nail. A will is a dead giveaway. With her marriage she got a new name and a dress. A boiled egg is hard to beat. When you've seen one shopping centre you've seen a mall. Police were called to a Day Care Centre where a 3-year-old was resisting a rest. Did you hear about the fellow whose whole left side was cut off? He's alright now. A bicycle can't stand alone, it too tired. When a clock is hungry it goes back four seconds. The guy who fell into an upholstery machine is now fully recovered. I have a photographic memory but it was never developed. Those who get too big for their britches will be exposed in the end. When she saw her first strands of grey hair she thought she'd dye. Acupuncture – a job well done.

See how you go with some.

## Calling All Golfers!

Ken Vaughan has offered to take on the organisation of the Twin Waters November Golf Day for 2014. Margaret Braithwaite will be teaching him the ropes but he would like assistant. Give him a hoy on sakeil@bigpond.com



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## Neighbourhood Watch

The number of NHW groups have fallen from 620 to 440. When the Newman Government took over, they wanted to give a boost to Community Policing so they gave them \$500,000 with up to \$1.5 million to follow up provided NHW can increase its membership.

NHW management will move to a mainly online organisation with online members and all new NHW groups will be online. The online area will work through a blog and Facebook. Our NHW group will have a blog site which would be kept current mainly by police. Say, if we had a "missing dog" or a "break and enter" the co-ordinator would add an article. Each time a new article is added, all members would receive an email (similar to the TWRA sending emails).

Qld Police has introduced new web-based system whereby crime stats can be viewed via the new "Crime Map Online" facility. Go to [www.police.qld.gov.au](http://www.police.qld.gov.au) click on Crime Map Online and follow the prompts.

Break-ins and stealing unfortunately increases over the holiday period so remember to observe all the usual precautions.

## Chinese New Year

Have a happy one on January 31st as we enter the year of the Horse. Chinese New Year is the most important celebration in the Chinese calendar and the festivities continue for 15 days.

During Chinese New Year celebrations, people wear red clothes, give children



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In addition to the private studio sessions already on offer, Aaron will soon be commencing outdoor sessions for groups (over 50's and under 50's) in the Twin Waters area, taking advantage of the beautiful parks and beaches at our doorstep. Sessions will be offered once or twice per week based on demand.

Also keep your eyes peeled for the upcoming charity fun walks/runs... a very achievable 2-3kms once a month, with ALL proceeds from the events to be donated back to the local community/charities.

Entry costs are only \$10 p/p for each outdoor session and \$5 p/p to enter the fun walk/run; it's an easy and cheap way to get your family and friends into some healthy fun. Expressions of interest can be sent to [aaron@zenithstrengthandfitness.com.au](mailto:aaron@zenithstrengthandfitness.com.au)

**To start making a difference, call Aaron on 0488381 643 or check out the website: [www.zenithstrengthandfitness.com.au](http://www.zenithstrengthandfitness.com.au)**

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## TWRA Contact Details

<b>President:</b>	Peter Braithwaite
<b>Vice Presidents:</b>	
<b>Social:</b>	Ed Berry
<b>Infrastructure:</b>	Warwick Daniels
<b>Governance:</b>	Geoff Billard
<b>Secretary:</b>	Sophie Lever
<b>Treasurer:</b>	Kevin Tinker
<b>Newsletter:</b>	Dinah McCulloch
<b>Email:</b>	info@twra.net
<b>Website:</b>	www.twra.net
<b>Postal Address:</b>	PO Box 9351 Pacific Paradise Qld 4564
<b>Telephone:</b>	07 5448 9414
<b>Neighbourhood Watch:</b>	info@twra.net
<b>Fire Police &amp; Ambulance Emergency Only:</b>	000
<b>Sunshine Coast District Police 24 Hr Assist:</b>	5409 0000
<b>SES Flood/Storm/Emergency:</b>	13 25 00
<b>Crimestoppers:</b>	1800 333 000
<b>PoliceLink (not urgent):</b>	13 14 44
<b>Coolum Police General Enquiries:</b>	5440 2777
<b>Block Co-ordinators:</b>	Check Community Notice Board for contact details

... cont'd from page 3

"lucky money" in red envelopes and set off firecrackers. Family members gather for extravagant meals.

People born in the year of the horse have ingenious communicating techniques and in their community they always want to be in the limelight. They are clever, kind to others, and like to join in a venture career. Although they talk too much, they are cheerful, perceptive, talented, earthy but stubborn. They like entertainment and large crowds and are popular among friends, active at work and refuse to be reconciled to failure.

### Public Holidays 2014:

January 1	– New Year's Day
January 27	– Australia Day
April 18-21	– Easter
June 9	– Queen's Birthday
October 6	– Labour Day
December 25 & 26	– Xmas

### School Holidays – 2014

#### Back to school January 28th

April Fri 4	– Tues 22 April
June Fri 27	– Mon 14 July
Sept Fri 19	– Tues 7 Oct
Dec Fri 12	– Mon 27 Jan 2015

## Community Corner – For Sale or Wanted

If you have something you would like to sell, seeking a particular item or an upcoming Garage Sale, you may wish to display it here. Please forward details to info@twra.net with your contact details and mark the email for 'Community Corner'.



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